

KLAMATH COUNTY SCHOOL DISTRICT

OCTOBER 2020

LUNCH MENU K-6

	Monday	Tuesday	Wednesday	Thursday	Friday
SERVED DAILY 1% WHITE MILK 13g SKIM MILK 13g FF CHOCOLATE MILK 21g ½ CUP FRUIT K-8 1 CUP FRUIT 9-12				1 Chicken Strips 16g Tater Tots 19g Dinner Roll 13g Applesauce 14g Ham Sandwich 34g	2
Package Condiments Mayonnaise Pack 0g BBQ Sauce Pack 1g Ketchup Pack 3g Mustard Pack 0g Italian Dressing 4g Ranch Dressing 5g	5 Hot Dog 23g Pork & Beans 25g Peaches 14g Tuna Sandwich 32g	6 Chicken Nuggets 13g Corn 13g Dinner Roll 13g Applesauce 14g Ham Sandwich 34g	7 Hot Dog 23g Pork & Beans 25g Peaches 14g Tuna Sandwich 32g	8 Chicken Nuggets 13g Corn 13g Dinner Roll 13g Applesauce 14g Ham Sandwich 34g	9 NO SCHOOL
MENUS ARE SUBJECT TO CHANGE	12 Turkey & Cheese Ripper 27g Carrots 7g Pears 17g Tuna Sandwich 32g	13 Corn Dog 30g Pork & Beans 25g Applesauce 14g Ham Sandwich 34g	14 Turkey & Cheese Ripper 27g Carrots 7g Pears 17g Tuna Sandwich 32g	15 NO SCHOOL	16 NO SCHOOL
	19 Chicken Nuggets 13g Green Beans 4g Dinner Roll 13g Fruit Cocktail 17g Tuna Sandwich 32g	20 Hamburger 25g Fritos 12g Pork & Beans 25g Carrots 7g Applesauce 14g Ham Sandwich 34g	21 Chicken Nuggets 13g Green Beans 4g Dinner Roll 13g Fruit Cocktail 17g Tuna Sandwich 32g	22 Hamburger 25g Fritos 12g Pork & Beans 25g Carrots 7g Applesauce 14g Ham Sandwich 34g	23
	26 Pepperoni Ripper Sticks 27g Corn 13g Peaches 14g Tuna Sandwich 32g	27 BBQ Pork Sandwich 30g Black Beans 21g Applesauce 14g Ham Sandwich 34g	28 Pepperoni Ripper Sticks 27g Corn 13g Peaches 14g Tuna Sandwich 32g	29 BBQ Pork Sandwich 30 g Black Beans 21g Applesauce 14g Ham Sandwich 34g	30