

KLAMATH COUNTY SCHOOL DISTRICT

OCTOBER 2020

LUNCH MENU 7-8

	Monday	Tuesday	Wednesday	Thursday	Friday
SERVED DAILY 1% WHITE MILK 13g SKIM MILK 13g FF CHOCOLATE MILK 21g ½ CUP FRUIT K-8 1 CUP FRUIT 9-12				1 Chicken Strips 22g Tater Tots 19g Dinner Roll 13g Applesauce 14g Ham Sandwich 34g	2
Package Condiments Mayonnaise Pack 0g BBQ Sauce Pack 1g Ketchup Pack 3g Mustard Pack 0g Italian Dressing 4g Ranch Dressing 5g	5 Hot Dog 23g Pork & Beans 25g Peaches 14g Tuna Sandwich 33g	6 Chicken Nuggets 15g Corn 13g Dinner Roll 13g Applesauce 14g Ham Sandwich 34g	7 Hot Dog 23g Pork & Beans 25g Peaches 14g Tuna Sandwich 33g	8 Chicken Nuggets 15g Corn 13g Dinner Roll 13g Applesauce 14g Ham Sandwich 34g	9 NO SCHOOL
	12 Turkey & Cheese Ripper 27g Carrots 11g Pears 17g Tuna Sandwich 33g	13 Corn Dog 30g Pork & Beans 25g Applesauce 14g Ham Sandwich 34g	14 Turkey and Cheese Ripper 27g Carrots 11g Pears 17g Tuna Sandwich 33g	15 NO SCHOOL	16 NO SCHOOL
	19 Chicken Nuggets 15g Green Beans 4g Dinner Roll 13g Fruit Cocktail 17g Tuna Sandwich 33g	20 Hamburger 29g Fritos 12g Pork & Beans 25g Carrots 11g Applesauce 14g Ham Sandwich 34g	21 Chicken Nuggets 15g Green Beans 4g Dinner Roll 13g Fruit Cocktail 17g Tuna Sandwich 33g	22 Hamburger 29g Fritos 12g Pork & Beans 25g Carrots 11g Applesauce 14g Ham Sandwich 34g	23
	26 Pepperoni Ripper Sticks 27g Corn 13g Peaches 14g Tuna Sandwich 33g	27 BBQ Pork Sandwich 30g Black Beans 21g Applesauce 14g Ham Sandwich 34g	29 Pepperoni Ripper Sticks 27g Corn 13g Peaches 14g Tuna Sandwich 33g	30 BBQ Pork Sandwich 30g Black Beans 21g Applesauce 14g Ham Sandwich 34g	31