

## Week #2 Packet

Dear Transition Students,

I hope you were able to complete week one packet! We will continue with independent, living, and pre-employment skill activities. If you have any questions, please contact me! Transition misses you all and are excited to see you again! I will be talking to you all soon – Mr. Denson

**Cooking:** This week, plan to participate in making a meal at home or help prepare a meal with a guardian/ parent. Please write the steps you participated in to create a meal:

1. *What meal are you planning to prepare?* \_\_\_\_\_
  
2. *Where did you find the recipe? (Circle one)*
  - a. Online
  - b. Family recipe
  - c. Cookbook
  
3. *What are the (4) main ingredients for the meal?*
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_
  
4. *What kitchen materials did you have to use? (Check each that apply)*
  - Bowls/ Plates/ Cutting boards
  - Utensils: forks/ knives/ spoons
  - Oven
  - Microwave
  - Blender
  - Mixing bowl
  - Dish Washer
  - Pans/ Pots
  
5. *Draw a picture of the steps you took to prepare the meal. Be sure to label all the utensils you used in preparing the meal.*

6. *How was your meal? Would you make it again?*
  - Yes, it was great!
  - No, I would not prepare that meal.

**Recreation/ Leisure**

1. *Check any activity that you have done during the school closure:*
  - Walking/ running
  - Reading
  - Watching Movies
  - Board games
  - Video games
  - Computer
  - Social Media
  
2. *Watch a movie or read a book.*
  - a. *Who is the character?*
  
  - b. *What is the story about?*
  
  - c. *What was your favorite part of the story?*
  
  - d. *Did you like the story?*

3. *Build a calendar of what activities you do throughout the week (fill-in calendar):*

Time of Day:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00 AM					
8:00 AM					
9:00 AM					
10:00 AM					
11:00 AM					
12:00 PM					
1:00 PM					
2:00 PM					
3:00 PM					
4:00PM					
5:00 PM					
6:00 PM					
7:00 PM					
8:00 PM					

Examples of activities to fill-in calendar:

1. *What time do you get up in the morning?*

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2. *When do you eat?*
3. *What activities do you do?*
4. *What time is dinner?*
5. *What time do you go to bed?*

**Shopping**

*Are you going shopping this week?*

1. *What store?*
  - Fred Meyers
  - Albertson's
  - Wal-Mart
  - Sherm's Thunderbird
  - Other: \_\_\_\_\_

2. *Create a list for shopping at the store. Include product, quantity, and how much each item costs.*

Item	QTY	\$
<b>Produce (Lettuce, vegetables, and fruits)</b>		
1.		
2.		
3.		
4.		
<b>Grains (Bread, noodles, and cereals)</b>		
1.		
2.		
3.		
4.		
<b>Dairy (Cheese, milk, and butter)</b>		
1.		
2.		
3.		
4.		
<b>Meat (Beef, chicken, and fish)</b>		
1.		
2.		
3.		
4.		
Total		

**Pre-Employment Skills:**

1. *What is the correct order to make a JO2GO drink?*

- |                                                              |                                                     |                                                              |                                                              |
|--------------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|
| <p>a. Steamed milk<br/>Stir<br/>shot<br/>Stir<br/>Flavor</p> | <p>b. Shot<br/>Flavor<br/>Steamed milk<br/>Stir</p> | <p>c. Flavor<br/>Shot<br/>Stir<br/>Steamed Milk<br/>Stir</p> | <p>d. Flavor<br/>Steamed milk<br/>Stir<br/>Shot<br/>Stir</p> |
|--------------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|

2. *Create your favorite drink!*

Drink: \_\_\_\_\_

Size (circle one): 16 oz    20 oz    32 oz

Hot or Iced (circle one): hot    iced

Flavors: \_\_\_\_\_ How many scoops? \_\_\_\_\_

Milk(Circle One):

2%    ½ and ½    Skim    Chocolate    Almond    Coconut

Whipped cream? \_\_\_\_\_

**Hygiene:** Make sure to continue your hygiene!

1. Complete the hygiene word search puzzle.

## Hygiene!

M	S	R	V	T	P	F	H	R	T	O	A	H	H
O	E	R	W	D	E	O	D	O	R	A	N	T	S
V	A	T	O	W	E	L	A	M	T	C	U	H	U
E	G	I	C	T	E	M	U	F	R	E	P	T	R
G	E	L	O	S	H	A	V	E	H	E	S	A	B
O	S	H	L	F	P	A	O	S	S	T	S	B	R
L	H	P	O	A	L	S	T	O	U	S	L	L	I
R	N	A	N	O	N	O	O	A	R	A	A	T	A
E	A	O	G	S	W	S	S	F	B	P	O	O	H
W	O	O	E	T	O	G	I	S	H	H	T	A	W
O	H	S	A	W	E	C	A	F	T	T	W	M	T
H	S	H	A	M	P	O	O	A	O	O	E	N	E
S	T	A	O	H	O	O	E	T	O	O	P	A	V
E	A	O	S	T	B	D	U	T	T	T	R	R	A

FACE WASH  
 TOOTHBRUSH  
 HAIRBRUSH  
 COLONGE  
 DEODORANT  
 GEL  
 SHAMPOO  
 FLOSS  
 TOOTHPASTE  
 SHOWER  
 SOAP  
 PERFUME  
 TOWEL  
 BATH  
 SHAVE

Play this puzzle online at : <https://thewordsearch.com/puzzle/1021949/>