





- No, I would not prepare that meal.

**Recreation/ Leisure**

1. Check any activity that you have done during the school closure:

- Walking/ running
- Reading
- Watching Movies
- Board games
- Video games
- Computer
- Social Media

2. Watch a movie or read a book.

- a. Who is the character?
- b. What is the story about?
- c. What was your favorite part of the story?
- d. Did you like the story?

3. Build a calendar of what activities you do throughout the week (fill-in calendar):

Time of Day:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00 AM					
8:00 AM					
9:00 AM					
10:00 AM					
11:00 AM					
12:00 PM					
1:00 PM					
2:00 PM					
3:00 PM					
4:00PM					
5:00 PM					
6:00 PM					
7:00 PM					
8:00 PM					

Examples of activities to fill-in calendar:

- 1. What time do you get up in the morning?
- 2. When do you eat?
- 3. What activities do you do?



KCTP WEEK #4 Packet

April 27-May 1

- 4. *What time is dinner?*
- 5. *What time do you go to bed?*

**Shopping**

*Are you going shopping this week?*

- 1. *What store?*
  - Fred Meyers
  - Albertson's
  - Wal-Mart
  - Sherm's Thunderbird
  - Other: \_\_\_\_\_

2. *Create a list for shopping at the store. Include product, quantity, and how much each item costs.*

Item	QTY	\$
<b>Produce (Lettuce, vegetables, and fruits)</b>		
1.		
2.		
3.		
4.		
<b>Grains (Bread, noodles, and cereals)</b>		
1.		
2.		
3.		
4.		
<b>Dairy (Cheese, milk, and butter)</b>		
1.		
2.		
3.		
4.		
<b>Meat (Beef, chicken, and fish)</b>		
1.		
2.		
3.		
4.		
Total		



**Pre-Employment Skills:**

1. Where do you want to be employed after transition?

2. What are you going to do to get the job?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

3. Draw a picture of you working at your dream job?

**Hygiene- Weekly Checklist**

*(Check off each time you do your hygiene)*

Hygiene activity	Monday	Tuesday	Wednesday	Thursday	Friday
AM Brush Teeth					
Shower AM					
Wash Hands AM					
Wash Hands PM					
Shower PM					
PM Brush Teeth					