



November Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
SERVED DAILY 1% WHITE MILK 1g SKIM MILK 11g FF CHOCOLATE MILK 28g	2 Sesame Ginger Chicken Stir Fry 11g Or Brown Rice 16g Tuna Sandwich 33g Green Beans 5g Peaches 17g	3 Beef Nacho w/Tortilla Chips 26g Or Turkey Sandwich 29g Black Beans 21g Pears 20g	4 Beef Ravioli 22g Roll 20g Or Ham Sandwich 30g Corn 9g Applesauce 15g	5 Cheese Pizza 32g Pepperoni Pizza 32g Or Turkey Sandwich 29g Pineapple Tidbits 17g	6 Cheeseburger 23g Or Ham Sandwich 30g French Fries 13g Mixed Fruit 21g
Package Condiments Mayonnaise Pack 0g BBQ Sauce Pack 1g Taco Sauce 1g Ketchup Pack 3g Mustard Pack 0g Italian Dressing 2g Ranch Dressing 1g	9 Grilled Chicken Sandwich 25g Or Tuna Sandwich 33g Green Beans 5g Peaches 17g	10 Hard Taco 21g Or Turkey Sandwich 29g Pears 20g	11 NO SCHOOL VETERANS DAY	12 Meatball Sub 29g Or Turkey Sandwich 29g Hot Carrots 9g Pineapple Tidbits 17g	13 Bagel Dog 26g Or Ham Sandwich 30g Tater Tots 19g Pork & Beans 22g Mixed Fruit 21g
MENUS ARE SUBJECT TO CHANGE	16 Egg Roll 13g Or Tuna Sandwich 33g Asian Rice 13g Green Beans 5g Peaches 17g	17 Bean & Cheese Burrito 40g Or Turkey Sandwich 29g Corn 9g Pears 20g	18 Chef Salad 1g Roll 20g Or Ham Sandwich 30g Black Beans 21g Applesauce 15g	19 Turkey Gravy 3g Mashed Potatoes 7g Roll 20g Or Turkey Sandwich 29g Green Beans 5g Pineapple Tidbits 17g	20 NO SCHOOL
	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 THANKSGIVING NO SCHOOL	27 NO SCHOOL
	30 Dill Chicken Nuggets 7g Or Tuna Sandwich 33g Brown Rice 16g Green Beans 5g Peaches 17g				